

FutureBuild Fact Sheet

Train the Trainer*

- Purpose:** Train adults/professionals to help educate their clients and customers in the 20-29 age range by using informal opportunities to make a positive influence.
- Topics:** Depression awareness, communication, sexually transmitted infections, family planning, how to recognize unhealthy relationships or abuse, dating violence, and available community resources.
- Target:** 25 adults/professionals that serve Harrisonburg residents.
- Where:** Once per year in Harrisonburg. A total of six hours is required; participants must attend both workshops (three hours each).
- Incentives:** Trained adults/professionals that attend and successfully complete the training (attend 6 hours) receive a \$50 gift card. Door prizes are also distributed.
- Food:** Dinner for each session.
- Childcare:** Program staff will provide child care with advance notice.

*** Classes fill up fast; please contact us to get on the list**

Community Classes*

- Purpose:** Provide education to individuals in the 20-29 age range to reduce unplanned pregnancies in Harrisonburg.
- Target:** 50 participants. Participants must be: unmarried, 20-29 years old, and live in Harrisonburg.
- Topics:** Depression awareness, communication, sexually transmitted infections, family planning, how to recognize unhealthy relationships or abuse, dating violence, sexual coercion, sexually transmitted infections, family planning information, and available community resources.
- Where:** Multiple times a year in Harrisonburg. A total of six hours is required; participants must attend all three classes (two hours each).
- Incentives:** Participants who successfully complete the class (attend six hours) will receive a \$50 gift card. Door prizes are also distributed.
- Food:** Dinner for each session.
- Childcare:** Program staff will provide child care with advance notice.

Questions? Would you like more information? Do you have a referral?

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